

# Yummy Breakfast, Lunch, Dinner and Snacks at Kara Dala Hot Springs Resort



Atcantchai — a traditional drink of Uighurs, a salty tea with milk. It is also known as Tchaisuima in Tibet.

## Breakfast

Porridge	400 tg
rice, oatmeal, semolina	
Fried eggs	300 tg
with a sausage + 100 tg	
Fried eggs Georgian style	500 tg
with an onion and tomatoes	
Omelette	400 tg
Pancakes with a sour cream	
2 pcs	250 tg
Pie	100 tg

## Hot Drinks

Tea black or green (a teapot)	200 tg
Tea with milk (a teapot)	300 tg
Atcantchai	100 tg
Lemon	250 tg
Coffee	100 tg



## Uighur Cuisine

Lagman	750 tg
Ganfan	700 tg
rice and meat with gravy	
Guiru Lagman	900 tg
Guiru Tsomyan	900 tg
Guiru Tsyai	1300 tg
beef, paprika, Chinese cabbage, onion	
Guiru Ganfan	850 tg
Manty with meat 5 pcs	750 tg

## Russian Cuisine

Pelmeni (meat dumplings)	800 tg
Meatballs with garnish	750 tg
Meat stew and mashed potato	650 tg
Chopped steak with garnish	700 tg

## Other

Meat Thai style	1400 tg
Kazan – Kebab	1500 tg
meat and onion	
Kazan – Kebab	1400 tg
with garnish	

## Salads

Fresh	600 tg
cucumber, tomatoes, onion, greens	
Healthy	600 tg
cabbage, carrot	
Olivier	800 tg

## MENU

Please, kindly order in advance  
[+7 702 431 21 35](tel:+77024312135) [+7 707 910 80 79](tel:+77079108079)



## Garnish

Mashed potato	400 tg
Rice	350 tg
Pasta	350 tg
Butter 50 g	100 tg
Bread	150 tg

## Soups

Sorpa	750 tg
Manpar	700 tg
Chicken Soup	650 tg
Pelmeni Soup	750 tg
Meat Kazakh style	700 tg

## Dishes to Share

Beshbarmak	4500 tg	8000 tg
	3-4 persons	6-7 persons
Sirne	4500 tg	8000 tg
	3-4 persons	6-7 persons
Plov	4000 tg	
	4-5 persons	
Dapandji	3000 tg	
	4-5 persons	
Domlyama with vegetables	4500 tg	
	3-4 persons	
Roasted chicken with potato (with mayonnaise)	3000 tg	
	4-5 persons	
Solyanka Soup	800 tg	
Borsch Soup	700 tg	
Vinegret Salad	700 tg	
French Fries	550 tg	

